

BEGIN *Again*

NEW
possibilities
AHEAD

GOD IS AT WORK.
A NEW SEASON IS COMING.
LET'S WALK INTO IT TOGETHER.

“

Let the favor of the Lord our God be upon us, and establish the work of our hands upon us; yes, establish the work of our hands!” ”

PSALM 90:17

Begin Again
Psalm 90

Paul encourages the Thessalonians to continue to live a life consistent with the teachings of Jesus.

- As you reflect on the message, what stood out to you? What is something you are still thinking about?
- What is something from the message that challenged you? How are you wrestling with that challenge?
- What question(s) do you have from the message?
- What is at least one practical takeaway from the message?

Psalm 90

A Prayer of Moses, the man of God.

- 1 Lord, you have been our dwelling place[a]
in all generations.
- 2 Before the mountains were brought forth,
or ever you had formed the earth and the world,
from everlasting to everlasting you are God.
- 3 You return man to dust
and say, "Return, O children of man!"[b]
- 4 For a thousand years in your sight
are but as yesterday when it is past,
or as a watch in the night.
- 5 You sweep them away as with a flood; they are like a dream,
like grass that is renewed in the morning:
- 6 in the morning it flourishes and is renewed;
in the evening it fades and withers.
- 7 For we are brought to an end by your anger;
by your wrath we are dismayed.
- 8 You have set our iniquities before you,
our secret sins in the light of your presence.
- 9 For all our days pass away under your wrath;
we bring our years to an end like a sigh.
- 10 The years of our life are seventy,
or even by reason of strength eighty;
yet their span[c] is but toil and trouble;
they are soon gone, and we fly away.
- 11 Who considers the power of your anger,
and your wrath according to the fear of you?
- 12 So teach us to number our days
that we may get a heart of wisdom.
- 13 Return, O Lord! How long?
Have pity on your servants!

- 14 Satisfy us in the morning with your steadfast love,
that we may rejoice and be glad all our days.
- 15 Make us glad for as many days as you have afflicted us,
and for as many years as we have seen evil.
- 16 Let your work be shown to your servants,
and your glorious power to their children.
- 17 Let the favor[d] of the Lord our God be upon us,
and establish the work of our hands upon us;
yes, establish the work of our hands!

Prompts for Groups:

This week, instead of working our way through questions, we are going to spend some time praying together and in group discussion. If you haven't already, begin by re-reading Psalm 90. Then, as a group, discuss the following aspects of the passage, making note of any observations or personal reflections you may have.

- Moses addressed God as a dwelling place (v.1), the everlasting creator (v. 2), a punisher (v. 7), all-knowing (v. 8), and a loving and powerful God (v. 15-17). What do these titles or attributes mean to you?
- In Daniel Henderson's book, *Praying the Psalms*, he guides the reader through prayers of reverence, response, requests, and readiness. Have the leader of your group read the start of the prayer, pausing at the ellipsis so the members can offer their prayers to God.
- Spend some time praying as a group, by thanking God:
 - Father, we praise you; though time can bring disorder, atrophy, and chaos, you remain everlasting and...
 - God, thank you for bringing to light the issue of... So that we could find forgiveness and be restored to you.
- Spend some time praying as a group, by responding to God:
 - Lord, I respond by confessing my sin of... and asking for your forgiveness
 - God, help me understand my present life circumstances, such as... in light of eternity.
- Spend some time praying as a group, by offering up your requests to God:
 - Lord, please let your favor be upon your servant...
 - Lord, establish the work of my hands in/with/at...
- Spend some time praying as a group, for God to make you ready:
 - God, give us wisdom when other things would draw our attention from you or try to deceive us that...
 - We pray, Lord, that you are gracious with us when we doubt your favor. Show us how we should prepare for...