



Songs of Summer

Songs of Summer
Psalm 131

We all have a song or two that when we hear it takes us back to those summer vibes. The lyrics and the melody take us back to the beach, the pool, the sunset, our friends, some of our best summer memories. Those songs have a special place in our memories. But there are also songs in Scripture that should take us back and remind us of who God is and what God has done. The Psalms are chocked full of songs of summer to listen to. This summer let's go back and listen to some of Scripture's best songs of summer.

A humble self-assessment with childlike God-dependence creates expectant hope.

- As you reflect on the message, what stood out to you? What is something you are still thinking about?
- What is something from the message that challenged you? How are you wrestling with that challenge?
- What question(s) do you have from the message?
- What is at least one practical takeaway from the message?

Psalm 131

1 O Lord, my heart is not lifted up;
my eyes are not raised too high;
I do not occupy myself with things
too great and too marvelous for me.

2 But I have calmed and quieted my soul,
like a weaned child with its mother;
like a weaned child is my soul within me.

3 O Israel, hope in the Lord
from this time forth and forevermore.

Questions for Groups:

- Take a moment to reflect upon your life in the same way that David does in the Psalm. Is there anything that is making it difficult to think about your life holistically or honestly?
- In his sermon, Dustin talked about our ability to “compartmentalize our lives.” Read Matthew 7:17-18 and Matthew 22:37-38. How do these passages challenge us, especially when considering our ability to juggle our priorities?
- How can you more truly assess your life? How does humility guide us in our self-assessment?
- Who is an example of humility, either from your life or from the Bible?
- Why does David describe his soul as a weaned child?
- What does it mean to have a childlike dependence on God? What are some major aspects of childlike dependence that are good virtues for us to have?
- Is your life one that reflects that kind of dependence? If not, how would that change your life?
- What was the root of David’s peace? Who does David seem to believe is in control?
- How does this Psalm connect to the other Psalms we have studied and the sermons we have heard in the Songs of the Summer series?
- How do you maintain an attitude of humility and childlike dependence when the business of life is in full force, when everything seems to be going right, and when everything seems to be going wrong?

- What does it look like for us to share in David's expectant hope?
- What does it mean that David called all of Israel to hope? How can we call each other to hope in the Lord?