



# God is BORING

## *How to Revive Your Desire for God*

God Is Boring

Why is God (not) boring?

Matthew 5:6

“God is boring,” or so we think. Somewhere along our faith journey, our desire for God can grow cold. We still love him, want to follow him, but our hunger and passion for him feels lost. We don’t want God to be boring, but he sure feels boring? As we begin a new year, many of us might feel exactly like that. We don’t want to admit it, but right now God is boring. So, what do we do? We must discover that God is not boring. Then we must learn to rekindle our desire and hunger for God.

Our desires find their perfect and ultimate satisfaction in the Lord.

- As you reflect on the message, what stood out to you? What is something you are still thinking about?
- What is something from the message that challenged you? How are you wrestling with that challenge?
- What question(s) do you have from the message?
- What is at least one practical takeaway from the message?

## Matthew 5:6

“Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.

- As we begin a new year, let's take a moment to reflect on last year. What did your relationship with God look like in 2025? How did your relationship feel in 2025? What were you happy with and unhappy with?
- Reflect on a time when your relationship with God didn't feel boring, whether in the present or the past. What do you think made your desire for God strong?
- Read Jesus' beatitude in Matthew 5:6. First, think literally: what does it mean to hunger and thirst? What might Jesus be teaching us about spiritual hunger and thirst from physical hunger and thirst?
- Jesus says we should hunger and thirst for righteousness. What is righteousness? Why does God desire righteousness?
- How do we try to find satisfaction in everything but God? Why do these other things not satisfy us?
- Finally, Jesus says those who hunger and thirst for righteousness shall be “satisfied.” What might Jesus be teaching us about spiritual satisfaction from physical satisfaction?
- Why is God the only thing that can truly satisfy us? What is it about God and us that makes this true?
- How do you feel when God is not your ultimate satisfaction?
- What do you think needs to change in order for you to desire God more?
- Close asking God to make his presence tangible and felt in each of your lives, in the vGroup, and in Vintage Church.