



God Is Boring
What Do I Do When I Get Bored with God?
James 4:6–10

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6 But he gives more grace. Therefore it says, “God opposes the proud but gives grace to the humble.” **7** Submit yourselves therefore to God. Resist the devil, and he will flee from you. **8** Draw near to God, and he will draw near to you. Cleanse your hands, you sinners, and purify your hearts, you double-minded. **9** Be wretched and mourn and weep. Let your laughter be turned to mourning and your joy to gloom. **10** Humble yourselves before the Lord, and he will exalt you.

When you get bored with God, what do you need?

We need grace.

- “But he gives more grace. Therefore it says, ‘God opposes the proud but gives grace to the humble’” (James 4:6).
- What is grace?
 - God’s undeserved favor
 - “But the free gift is not like the trespass. For if many died through one man's trespass, much more have the grace of God and the free gift by the grace of that one man Jesus Christ abounded for many” (Romans 5:15).
- God’s power for living

- “Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need” (Hebrews 4:16).
- If you’re bored with God, are you relying on His grace?

We need commitment.

- “Submit yourselves therefore to God” (James 4:7a).
- What is commitment?
 - Covenant is the way God commits.
 - “6 For you are a people holy to the Lord your God. The Lord your God has chosen you to be a people for his treasured possession, out of all the peoples who are on the face of the earth. 7 It was not because you were more in number than any other people that the Lord set his love on you and chose you, for you were the fewest of all peoples, 8 but it is because the Lord loves you and is keeping the oath that he swore to your fathers, that the Lord has brought you out with a mighty hand and redeemed you from the house of slavery, from the hand of Pharaoh king of Egypt. 9 Know therefore that the Lord your God is God, the faithful God who keeps covenant and steadfast love with those who love him and keep his commandments, to a thousand generations, 10 and repays to their face those who hate him, by destroying them. He will not be slack with one who hates him. He will repay him to his face. 11 You shall therefore be careful to do the commandment and the statutes and the rules that I command you today” (Deuteronomy 7:6–11).
 - Commitment is faithfulness no matter what.
- If you’re bored with God, are you relying on your commitment to Him?

We need habits.

- “Resist the devil, and he will flee from you. **8** Draw near to God, and he will draw near to you. Cleanse your hands, you sinners, and purify your hearts, you double-minded. **9** Be wretched and mourn and weep. Let your laughter be turned to mourning and your joy to gloom” (James 4:7b-9).
- What is a spiritual habit?
 - Spiritual habits are Spirit-empowered, habit-forming practices given by God to reshape our thoughts, desires, and actions.
 - Spirit-Empowered
 - Spiritual habits=Means of grace
 - “Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need” (Hebrews 4:16).
 - Habit-Forming
 - “Keystone habits say that success doesn’t depend on getting every single thing right, but instead relies on identifying a few key priorities and fashioning them into powerful levers. . . . The habits that matter the most are the ones that, when they start to shift, dislodge and remake other patterns” (Charles Duhigg, *The Power of Habit*, 101).
- Bible reading, Prayer, Worship Gathering Attendance

- Reshaping
 - “Your habits shape your identity, and your identity shapes your habits” (James Clear, *Atomic Habits*, 40).
 - Spiritual habits change our desires.
- If you’re bored with God, are you relying on His spiritual habits?

When you get bored with God, rely on spiritual habits as a means of grace to remain committed to God.

- Read your Bible
- Pray
- Attend Sunday worship gatherings