



God Is Boring
What Do I Do When I Get Bored with God?
James 4:6-10

“God is boring,” or so we think. Somewhere along our faith journey, our desire for God can grow cold. We still love him, want to follow him, but our hunger and passion for him feels lost. We don’t want God to be boring, but he sure feels boring? As we begin a new year, many of us might feel exactly like that. We don’t want to admit it, but right now God is boring. So, what do we do? We must discover that God is not boring. Then we must learn to rekindle our desire and hunger for God.

When you get bored with God, rely on spiritual habits as a means of grace to remain committed to God.

- As you reflect on the message, what stood out to you? What is something you are still thinking about?
- What is something from the message that challenged you? How are you wrestling with that challenge?
- What question(s) do you have from the message?
- What is at least one practical takeaway from the message?

James 4:6–10

6 But he gives more grace. Therefore it says, “God opposes the proud but gives grace to the humble.” **7** Submit yourselves therefore to God. Resist the devil, and he will flee from you. **8** Draw near to God, and he will draw near to you. Cleanse your hands, you sinners, and purify your hearts, you double-minded. **9** Be wretched and mourn and weep. Let your laughter be turned to mourning and your joy to gloom. **10** Humble yourselves before the Lord, and he will exalt you.

- In the past when God has begun to feel boring or your relationship with him has felt stale, how have you responded?
- What does James say God gives us in verse 6. How would you define grace?
- Why is grace always the answer, especially regarding our relationship with God?
- James says, “He gives *more* grace.” How does it make you feel to know that God’s grace is in abundance and its always available to us?
- God gives grace, but, as James says, we must “submit ourselves to God.” Pastor Dustin used “commitment” to define submit. How do you understand the idea of submission?
- How can commitment be good for us when we get bored with God?
- Read James 4:7b-9. What does James tell us to do in these few verses? How can these commands help us when we are bored with God?
- From James 4:7b-9, Pastor Dustin encouraged us to think about the importance of spiritual habits. They are (1) Spirit-empowered, (2) Habit-forming, and (3) reshaping. How have you thought about spiritual habits in the past? What spiritual habits do you regularly practice?
- What spiritual habits do you need to begin practicing this week?
- How can spiritual habits serve as a means of grace to keep you committed to God, especially when God feels boring?