

# SONG OF SONGS

**a series on:**

**SEX • ROMANCE • MARRIAGE • LOVE**



Parental Advisory Explicit Scriptures  
What Should I Do with My Sexual Desire?  
Song of Songs 1:2–2:7

Who doesn't love a good love song? Every generation has a song that defined their dating and romantic life. Chances are every couple has a love song, a song that defined that couple's relationship. Love songs are a beautiful reminder of the power of love. But some love songs can go beyond love to sex. Those kinds of love songs defined generations and couples too! Would you believe me if I told you the Bible has a love song that celebrates sex?! Unlike every other book in the Bible, Song of Songs is a love song that celebrates sex, romance, marriage, and love.

Sexual desire is mean to be passionate in marriage and patient for marriage.

- As you reflect on the message, what stood out to you? What is something you are still thinking about?
- What is something from the message that challenged you? How are you wrestling with that challenge?
- What question(s) do you have from the message?
- What is at least one practical takeaway from the message?

Song of Songs 1:2–2:7

2 Let him kiss me with the kisses of his mouth!  
For your love is better than wine;

3 your anointing oils are fragrant;  
your name is oil poured out;  
therefore virgins love you.

4 Draw me after you; let us run.  
The king has brought me into his chambers.

We will exult and rejoice in you;  
we will extol your love more than wine;  
rightly do they love you.

5 I am very dark, but lovely,  
O daughters of Jerusalem,  
like the tents of Kedar,  
like the curtains of Solomon.

6 Do not gaze at me because I am dark,  
because the sun has looked upon me.  
My mother's sons were angry with me;  
they made me keeper of the vineyards,  
but my own vineyard I have not kept!

7 Tell me, you whom my soul loves,  
where you pasture your flock,  
where you make it lie down at noon;  
for why should I be like one who veils herself  
beside the flocks of your companions?

8 If you do not know,  
O most beautiful among women,  
follow in the tracks of the flock,  
and pasture your young goats  
beside the shepherds' tents.

9 I compare you, my love,  
to a mare among Pharaoh's chariots.

10 Your cheeks are lovely with ornaments,  
your neck with strings of jewels.

11 We will make for you ornaments of gold,  
studded with silver.

12 While the king was on his couch,  
my nard gave forth its fragrance.

13 My beloved is to me a sachet of myrrh  
that lies between my breasts.

14 My beloved is to me a cluster of henna blossoms  
in the vineyards of Engedi.

15 Behold, you are beautiful, my love;  
behold, you are beautiful;  
your eyes are doves.

16 Behold, you are beautiful, my beloved, truly delightful.  
Our couch is green;

17 the beams of our house are cedar;  
our rafters are pine.

1 I am a rose of Sharon,  
a lily of the valleys.

2 As a lily among brambles,  
so is my love among the young women.

As an apple tree among the trees of the forest,  
so is my beloved among the young men.  
With great delight I sat in his shadow,  
and his fruit was sweet to my taste.

4 He brought me to the banqueting house,  
and his banner over me was love.

5 Sustain me with raisins;  
refresh me with apples,  
for I am sick with love.

6 His left hand is under my head,  
and his right hand embraces me!

7 I adjure you, O daughters of Jerusalem,  
by the gazelles or the does of the field,

that you not stir up or awaken love  
until it pleases.

- A significant theme from beginning to end in Song of Songs is desire, specifically sexual desire. How have you understood desire in the past? How was sexual desire discussed with you in your home as well as church?
- Generally how is desire understood in Song of Songs 1:2–2:7? Identify some verses that support your answer.
- In Song of Songs what is so important about the five senses as it relates to desire? What does this say about desire but more specifically God's creation?
- One element that sticks out throughout this passage is intimacy. How would you define intimacy? Why is intimacy important to relationships, especially a marriage relationship?
- How do you see both the man and woman pursue each other in this passage? Why is it important in a relationship for both parties to pursue each other?
- God has obviously made women and men different. Why are these differences beautiful and why can they sometimes be challenging?
- What does Song of Songs 2:7 mean? How does its meaning square with the sexual desire the song encourages?
- What are reasons people don't want to wait until marriage to have sex? What are reasons the Bible gives for waiting to have sex until marriage?
- How does it make you feel to know that the Bible celebrates sexual desire?
- If you're single and intend to stay that way how can you protect yourself from sexual temptation?
- If you're single or dating and plan to get married, how can you be sexually patient as you wait for marriage?
- If you're married and you're unhappy with your marriage's passion, what steps can you take to increase desire in your marriage?