



You Become What You Scroll
 Who Are you Around?
 Hebrews 10:23–25

We are immersed in a technological world and there's no getting out of it. There's no going back, and for many of us, we don't want to. Technology has changed our lives for the better. But we can't miss the fact that technology has changed our lives. While technology has made so much in life easier, efficient, and innovative, at the same time many of us have become trapped in technology. Before we even saw it coming, the technology in our pockets was changing us, but not for the better. Without realizing it, we've let a 6-inch screen conform us. How then do we take back control of technology and become transformed?

Either search for artificial, digital community in technology or find real, embodied community in the church.

- As you reflect on the message, what stood out to you? What is something you are still thinking about?
- What is something from the message that challenged you? How are you wrestling with that challenge?
- What question(s) do you have from the message?
- What is at least one practical takeaway from the message?

Hebrews 10:23–25

23 Let us hold fast the confession of our hope without wavering, for he who promised is faithful. **24** And let us consider how to stir up one another to love and good works, **25** not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near.

- Have you ever struggled with loneliness? If so, what was the experience like for you?
- From your experience what can online community give you?
- How have you also seen online community backfire, either personally or from afar?
- Why can technology never give you what embodied community gives you? Consider Genesis 1–2, particularly Genesis 1:26–27 and 2:18–25, to help you answer the question.
- How does both the incarnation and resurrection of Jesus also speak to the necessity of embodied community?
- What can we do in-person, face-to-face that we cannot do online or virtually?
- The author of Hebrews connects regularly meeting together with stirring up one another to love and good works. How do you see this work in your own life?
- How is “belonging” in the church different from any other kind of belonging in our world?
- Who in your life needs to be invited to experience Vintage Church’s community?
- As you reflect on your own experience of real, embodied community in the church, how does it make you feel?
- This week how can you prioritize real, embodied community?