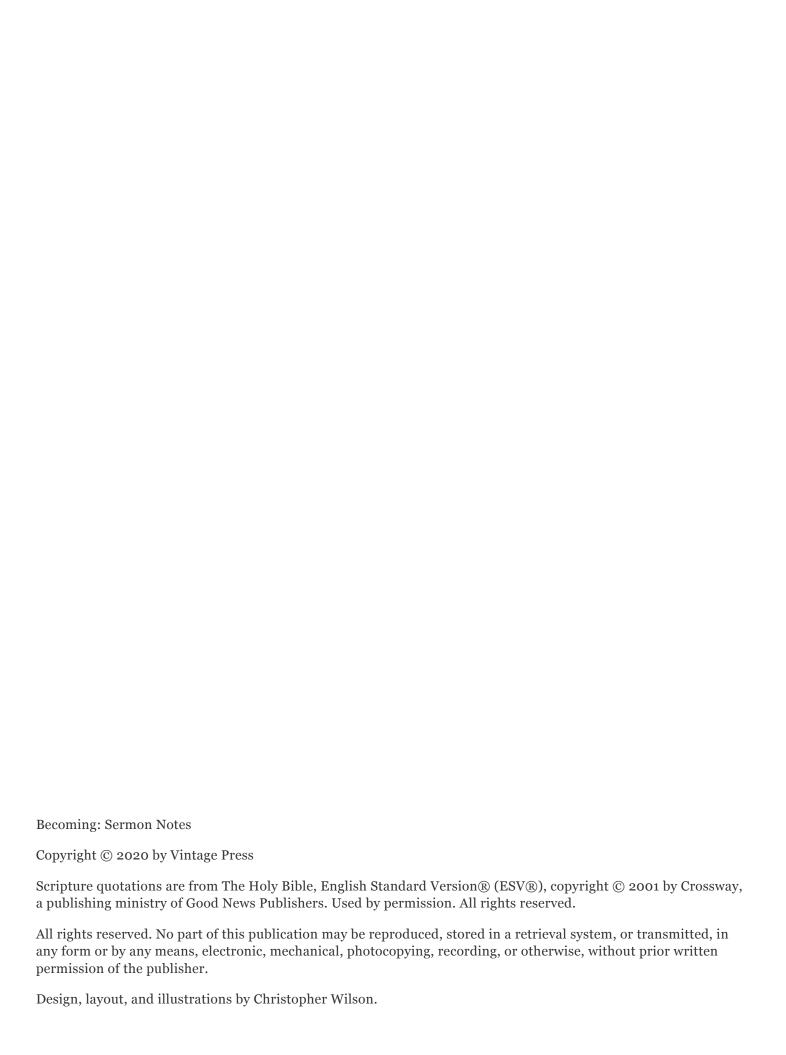


Sermon Notes





SELF-CONTROL: DAVID

³His divine power has granted to us all things that pertain to life and godliness, through the knowledge of him who called us to his own glory and excellence, ⁴by which he has granted to us his precious and very great promises, so that through them you may become partakers of the divine nature, having escaped from the corruption that is in the world because of sinful desire. ⁵For this very reason, make every effort to supplement your faith with virtue, and virtue with knowledge, ⁶and knowledge with self-control, and self-control with steadfastness, and steadfastness with godliness, ¬and godliness with brotherly affection, and brotherly affection with love. ⁵For if these qualities are yours and are increasing, they keep you from being ineffective or unfruitful in the knowledge of our Lord Jesus Christ. ⁵For whoever lacks these qualities is so nearsighted that he is blind, having forgotten that he was cleansed from his former sins. ¹oTherefore, brothers, be all the more diligent to confirm your calling and election, for if you practice these qualities you will never fall. ¹¹For in this way there will be richly provided for you an entrance into the eternal kingdom of our Lord and Savior Jesus Christ.

2 Peter 1:3-11

RECAP

• Week 1: Who are you becoming?

• Rest of series: Virtues listed in 2 Peter 1:5-7

• Last 3 Weeks: Faith, Virtue, & Knowledge

• Today: Self-control

⁵For this very reason, make every effort to supplement your faith with virtue, and virtue with knowledge, ⁶and knowledge with <u>self-control</u>,

2 Peter 1:5-6a

We become who God wants us to be when we say NO to sin and YES to holiness.

WHAT IS SELF-CONTROL?

• God empowering us as we say NO to sin and YES to holiness.

⁹But you are a chosen race, a royal priesthood, a holy nation, a people for his own possession, that you may proclaim the excellencies of him who called you out of darkness into his marvelous light. ¹⁰Once you were not a people, but now you are

God's people; once you had not received mercy, but now you have received mercy. ¹¹Beloved, I urge you as sojourners and exiles to abstain from the passions of the flesh, which wage war against your soul. ¹²Keep your conduct among the Gentiles honorable, so that when they speak against you as evildoers, they may see your good deeds and glorify God on the day of visitation.

1 Peter 2:9-12

THE EXAMPLE OF DAVID'S SELF CONTROL

2 Samuel 11

- Self Control is meant to be practiced in the middle of temptation!
- Don't make yourself vulnerable to temptation

¹In the spring of the year, the time when kings go out to battle, David sent Joab, and his servants with him, and all Israel. And they ravaged the Ammonites and besieged Rabbah. But David remained at Jerusalem.

²It happened, late one afternoon, when David arose from his couch and was walking on the roof of the king's house, that he saw from the roof a woman bathing; and the woman was very beautiful.

2 Samuel 11:1-2

• Don't consider and explore the temptation

³And David sent and inquired about the woman. And one said, "Is not this Bathsheba, the daughter of Eliam, the wife of Uriah the Hittite?"

2 Samuel 11:3

• Don't give in to temptation

⁴So David sent messengers and took her, and she came to him, and he lay with her.

2 Samuel 11:4a

²⁷But the thing that David had done displeased the LORD.

2 Samuel 11:27b

THE EXAMPLE OF JESUS' SELF-CONTROL

Matthew 4

• Prepare for temptation before it comes

¹Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. ²And after fasting forty days and forty nights, he was hungry.

Matthew 4:1-2

• Know and use God's Word

³And the tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." ⁴But he answered, "It is written,

"Man shall not live by bread alone, but by every word that comes from the mouth of God."

⁵Then the devil took him to the holy city and set him on the pinnacle of the temple ⁶and said to him, "If you are the Son of God, throw yourself down, for it is written,

"He will command his angels concerning you,'

and

"On their hands they will bear you up, lest you strike your foot against a stone."

7Jesus said to him, "Again it is written, 'You shall not put the Lord your God to the test."

Matthew 4:3-7

- Jesus not only modeled Self Control, he enables Self Control!
- Claim the victory you have in Christ

⁸Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their glory. ⁹And he said to him, "All these I will give you, if you will fall down and worship me." ¹⁰Then Jesus said to him, "Be gone, Satan! For it is written,

"You shall worship the Lord your God and him only shall you serve."

¹¹Then the devil left him, and behold, angels came and were ministering to him.

Matthew 4:8–11

¹²Therefore let anyone who thinks that he stands take heed lest he fall. ¹³No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it.

1 Corinthians 10:12–13

• Because of Jesus, we not only know what true Self-Control looks like, we know where true Self-Control is found.

QUESTIONS FOR PRAYERFUL REFLECTION THIS WEEK

- What victories of Self-Control have you experienced in your life and why?
- What are 2-3 areas in your life where you lack Self-Control?
- What do you need to do to practice Self-Control in these areas?
- How can you depend more on God to defeat these temptations?

Who are you becoming? Are you becoming more Self-Controlled?