



THE
SAYINGS

Sermon Notes

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The Sayings: Sermon Notes

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I COMMIT MY SPIRIT

⁴⁴It was now about the sixth hour, and there was darkness over the whole land until the ninth hour, ⁴⁵while the sun's light failed. And the curtain of the temple was torn in two. ⁴⁶Then Jesus, calling out with a loud voice, said, "Father, into your hands I commit my spirit!" And having said this he breathed his last. ⁴⁷Now when the centurion saw what had taken place, he praised God, saying, "Certainly this man was innocent!" ⁴⁸And all the crowds that had assembled for this spectacle, when they saw what had taken place, returned home beating their breasts. ⁴⁹And all his acquaintances and the women who had followed him from Galilee stood at a distance watching these things.

Luke 23:44–49

TRUST GOD IN LIFE

⁴⁶Then Jesus, calling out with a loud voice, said, "Father, into your hands I commit my spirit!"

Luke 23:46

¹In you, O LORD, do I take refuge;
let me never be put to shame;
in your righteousness deliver me!

²Incline your ear to me;
rescue me speedily!
Be a rock of refuge for me,
a strong fortress to save me!

³For you are my rock and my fortress;
and for your name's sake you lead me and guide me;
⁴you take me out of the net they have hidden for me,
for you are my refuge.

⁵Into your hand I commit my spirit;
you have redeemed me, O LORD, faithful God.

Psalms 31:1–5

ARE YOU TRUSTING GOD WITH YOUR LIFE?

TRUST GOD IN DEATH

The psalmist prayed for life, for deliverance from death, and that is the psalm's fundamental and legitimate sense. But in the context of the resurrection faith, the psalm may also be used as a prayer in death, expressing trust and commitment to life lying beyond the grave.

Peter Craigie, *Word Biblical Commentary*, 263

WHY DID JESUS COMMIT HIS LIFE TO GOD?

- Jesus knew God—his character and his actions
- Jesus knew what was coming—resurrection

WHY CAN WE TRUST GOD IN THE FACE OF DEATH?

¹⁶So we do not lose heart. Though our outer self is wasting away, our inner self is being renewed day by day. ¹⁷For this light momentary affliction is preparing for us an eternal weight of glory beyond all comparison, ¹⁸as we look not to the things that are seen but to the things that are unseen. For the things that are seen are transient, but the things that are unseen are eternal.

2 Corinthians 4:16–18

⁵⁰I tell you this, brothers: flesh and blood cannot inherit the kingdom of God, nor does the perishable inherit the imperishable. ⁵¹Behold! I tell you a mystery. We shall not all sleep, but we shall all be changed, ⁵²in a moment, in the twinkling of an eye, at the last trumpet. For the trumpet will sound, and the dead will be raised imperishable, and we shall be changed. ⁵³For this perishable body must put on the imperishable, and this mortal body must put on immortality. ⁵⁴When the perishable puts on the imperishable, and the mortal puts on immortality, then shall come to pass the saying that is written:

"Death is swallowed up in victory."

⁵⁵*"O death, where is your victory?
O death, where is your sting?"*

⁵⁶The sting of death is sin, and the power of sin is the law. ⁵⁷But thanks be to God, who gives us the victory through our Lord Jesus Christ.

1 Corinthians 15:50–57

WILL YOU TRUST GOD FOR SALVATION?

TRUST GOD AS THOUGH YOU'RE DYING

- Christ's cross becomes our cross

²⁴Then Jesus told his disciples, "If anyone would come after me, let him deny himself and take up his cross and follow me. ²⁵For whoever would save his life will lose it, but whoever loses his life for my sake will find it.

Matthew 16:24–25

²⁰I have been crucified with Christ. It is no longer I who live, but Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.

Galatians 2:20

- The Christian life is about dying to live

¹⁰For the Son of Man came to seek and to save the lost.

Luke 19:10

WILL YOU TRUST GOD BY DYING TO YOURSELF AND LIVING FOR CHRIST?

REFLECTION

- Are you trusting God with your life?
- Will you trust God for salvation?
- Will you trust God by dying to yourself and living for Christ?