

## Formation Group Commitment

I will commit to the following expectations:

- I pledge myself fully to the Lord with the anticipation that I am entering a time of accelerated spiritual transformation.
- I will meet with my Formation Group for approximately one and a half hours two times per month, unless providentially hindered.
- I will complete all assignments on a regular basis before my Formation Group meeting, in order to contribute to the discussion.
- I will contribute to an atmosphere of confidentiality, honesty, and transparency for the edification of others in the group as well as my own spiritual growth.
- I will pray every week for the other men/women who are on the spiritual journey with me.

Formation Group Participant: \_\_\_\_\_

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Formation Group Participant: \_\_\_\_\_

Formation Group Participant: \_\_\_\_\_

Date: \_\_\_\_\_